



Staying Safe with Technology

Early Years Online Safety Home Learning

Summer Term 1



Hello families,

In Early Years, we have been learning about staying safe and healthy when using technology.

We are helping children understand that there are simple rules to help keep them safe when using tablets, phones and other devices.



What we are learning



To understand simple rules for using technology safely



To know that adults help keep us safe



To develop healthy habits when using technology



Home Learning Task

Our Technology Rules

Work together to create simple rules for using technology at home.



1 Talk together

When do you use technology?
Who helps you?



2 Think about staying safe



Sitting safely



Taking breaks



Asking an adult for help

3 Choose your rules

Draw or write 3 simple rules.



4 Say them together

Practise your rules.
Display them at home.



Our Technology Rules

1



2



3



Talk Together

- Who helps you when you use technology?
- What should you do if something worries you?
- When should we stop using a screen?



Key Message



A grown-up helps keep me safe when I use technology.



Parent/Carer Tip

- Use technology together where possible
- Keep screen time balanced
- Encourage children to talk about what they are doing



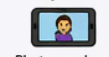
Share with school

Please upload a photo of your child's rules to Tapestry.



Play Extension "Online or Not?"

Look at things together and decide if they are online or not.



Talk about the difference between online and real life!



Safeguarding is everyone's responsibility
At Trinity School, safeguarding our children is our highest priority.
If you have any concerns about your child's online safety or wellbeing, please contact the school.

Further support and information

- NSPCC
- UK Safer Internet Centre



For more advice and guidance, please visit the Online Safety page on the Trinity School website.

