

Keeping My Information Safe and Secure

Year 1 Online Safety Home Learning

Autumn Term 2



Hello families,

We are learning how passwords help keep our information, accounts and devices safe.

Passwords are a bit like keys – they help make sure only the right person can get in!



What we are learning



To understand how passwords and PINs keep our devices and information secure.



To recognise some examples of strong and poor password practice.



Home Learning Task

Let's learn about why we use passwords and what makes a good one.

1 Why do I need a password?

Look at the pictures below. Tick the ones where a password is important to keep things safe.

Access my web browser 	Buy something online 	Payment details 	Address details 
Access an online game 	Access my music 	Watch a film 	Access a school system 



A password is like a key that opens your door and keeps the right things safe.

Top tips for strong passwords

- Use lots of words – the longer, the better!
- Use words you can remember.
- Don't use easy words like your name, birthday or 'password'.
- Keep your password to yourself.
- If you need to write it down, keep it in a safe place.



2 Good or bad password?

Look at the passwords below. Guess if each one is a good password (strong) or a bad password (weak). Circle your answer.

Password	Good 	Bad 
dontcallmeup	Good	Bad
shewasabigball	Good	Bad
lookbluedogput	Good	Bad
andshewasit	Good	Bad
123456	Good	Bad
password	Good	Bad
chelsea	Good	Bad
12345678	Good	Bad
unicorn	Good	Bad
KatyPerry	Good	Bad
Passw0rd123	Good	Bad
liverpool	Good	Bad

Talk Together

- What is a password?
- When do you use passwords?
- What makes a good password?
- Why is it important to keep passwords private?



Key Message

Passwords are like keys. They help protect our information, accounts and devices.



Parent/Carer Tip

Praise your child for creating strong passwords and keeping them private. Encourage them to come to you or another trusted adult if they forget a password or need help online.



Share with school

Please upload a photo of your child completing this activity to Tapestry.



Play Extension

Create a secret code using 3–4 words. Can someone in your family guess it?



Safeguarding is everyone's responsibility. If you have any safeguarding concerns, please talk to a member of our team.

Further support and information

- NSPCC
- UK Safer Internet Centre



For more advice and guidance, visit our Online Safety page on the Trinity School website.

