



Me Online and Me Offline

Year 2 Online Safety – Self-Image and Identity

Spring Term 1

I can explain how other people may look and act differently online and offline.



Hello families,

This half term, we are learning about how people can look and act differently online and offline.

People can choose what pictures, characters or information they share online, and this might not always show what they really look like in real life. We will be thinking about why people might do this and how to be kind and respectful online.



Key Learning



I know that people can choose different pictures online to what they actually look like in real life.



I can explain why someone might want to change their appearance online.



I can describe ways in which people might make themselves look different online.



Questions to ask

- What ways can people be different to us online?
- How might someone show they are different to us online?
- What can you change about a profile picture?
- Why might someone want to look different online?
- If you couldn't see someone's face, what questions could you ask to check it is really them?
- Which parts of our identity do we include online, and which do we keep offline?

1 Online and offline

People can look and act differently online to how they are in real life. Here are some examples:

Real me



This is how I look in real life.

Me online (an avatar)



This is a character I can use online.

Real me



This is how I look in real life.

Me online (a profile picture)



This is a picture I can choose to use

2 Why might people look different online?

There are lots of reasons why someone might choose to look different online:



To be creative and have fun.



To be part of an online game or community.



To keep some things private and stay safe.



To show an interest or hobby (e.g. an animal, a character, a favourite sport).

3 Make your own avatar!

Have a go at creating your own avatar at home. You could draw it or use an online avatar maker with a grown-up.



What will you look like? You could change your hair, clothes, background or add something that shows one of your interests.

4 How can people change their appearance online?

Here are some of the ways people might make themselves look different online:



Change their hair



Wear glasses or a mask



Wear different clothes or a hat



Use a character or animal



Use a different background



Choose a picture instead of a photo

5 Be kind and respectful

Remember, not everything we see online shows the real person. People may choose to look different, and that is their choice.



Be kind to others, online and offline.



Remember that people might look different online.



Don't make unkind comments about how someone looks.



Respect people's choices.



If something online worries you, talk to a trusted adult.



6 Key Message

People can choose how they look and act online. They might use a different picture, a character or an avatar. This doesn't always show what they really look like in real life, and that's OK!



Be Safe | Be Kind | Be Aware



For more advice and guidance, visit our Online Safety page on the Trinity School website.

