



My Online Identity

Year 5 Online Safety – Self-Image and Identity

Spring Term 2

I can demonstrate how to make responsible choices about having an online identity, depending on context.



Hello families,

This half term, we are learning about online identity. We all have an identity online – this is how we choose to show ourselves to others on the internet.

We will be thinking about the different ways we can show our identity, how it can affect others, and how to make responsible choices depending on the situation.



Key Learning



I understand that I can show my online identity in different ways.



I know that my online identity can have an impact on others, both positively and negatively.



I can demonstrate responsible choices about my online identity, depending on context.



I can give examples of what makes a positive and negative online identity.



Questions to ask

- What does a positive online identity look like?
- What does a negative online identity look like?
- How can someone's online identity impact on others, both positively and negatively?
- What responsible choices should you make when creating and managing your online identity?

1 What is my online identity?

Your online identity is how you choose to show yourself to others online. It can include:



Profile picture



Username or display name



Information about you



What you post and share



How you interact with others



Your likes, interests and the things you are part of

2 Different contexts

We might choose to show different parts of our identity depending on where we are online.



Gaming

You might use a gamer name and keep personal information private.



Social media

You might share more about your interests, but still need to think carefully about what you post.



School

You should always be respectful, kind and appropriate.



Family and friends

You might choose to share more with people you trust.

3 Positive and negative online identities



Positive choices



Be kind and respectful



Include and support others



Keep personal information private



Share things that show your interests and talents



Think about how your posts might make others feel



Negative choices



Being unkind, rude or hurtful



Sharing too much personal information



Posting things you might later regret



Excluding others or spreading rumours



Pretending to be someone else

4 Improving online profiles

Look at the example profiles below. What are the good choices? What could be improved? What advice would you give?



MegaMax123
@MegaMax123

11 years old | Jersey
Love football ⚽
Add me on Snapchat!
snap: megamax123

250
followers

120
following



FootballFan05
@FootballFan05

Football | Gaming | Outdoors
Enjoy playing with friends
Be kind 😊

80
followers

75
following

5 Top tips for sharing identity online



Think about who will see it – would you be happy for family, teachers or a future employer to see it?



Keep personal information private (e.g. your full name, address, school).



Choose a profile picture that represents you but keeps you safe.



Be kind, respectful and inclusive.



Think before you post – once it is online, it can be hard to remove.



Use privacy settings to control who can see your information.

6 Key Message

Your online identity is part of you – make it a positive one!

Be kind, be respectful, keep personal information private and think about how your choices might impact others.



Be Safe | Be Kind | Be Aware

Further support and information

- NSPCC
- UK Safer Internet Centre
- Childnet



For more advice and guidance, visit our Online Safety page on the Trinity School website.

