

Week

1

Lunch Menu

apetito

WILTSHIRE
EST. FARM 1991
FOODS

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Meal
1

Chicken Korma

with
White rice, Peas &
Sweetcorn

Chicken Stir Fry

with
Garlic bread, Broccoli &
Carrots

Tuna Bake

with
Carrots & Cauliflower

Roast Chicken in Gravy

with
Roast potatoes, Mixed
Veg & Sweetcorn

Chicken Curry

with
Wholegrain rice and Peas

Hot Meal
2

Mac & Cheese

with
Peas & Sweetcorn

Vegetarian Tikka Masala

with
Wholegrain Rice,
Broccoli & Carrots

Lentil Bolognese

with
Penne Pasta, Carrots &
Cauliflower

Vegetarian Shepherds
Pie

with
Mashed Potato, Mixed
Veg & Sweetcorn

Tortelloni in Tomato &
Basil Sauce

with
Peas

Hot Meal
3

Breaded Cod

with
Oven chips, Peas &
Sweetcorn

Chunky Chicken
Goujon

with
Sautee Potatoes, Broccoli
& Carrots

Beef Bolognese

with
Penne Pasta, Carrots &
Cauliflower

Sausages

with
Mashed Potato, Mixed
Veg & Sweetcorn

Jumbo Fish Fingers

with
Potato Wedges, Peas &
Baked Beans

Hot Dessert

Apple Sponge

Whole Fresh Fruit

GF Vanilla sponge

Whole Fresh Fruit

Strawberries in Clotted
Cream Ice Cream



Government of
JERSEY

Week 2

Lunch Menu

apetito

WILTSHIRE
EST. FARM 1991
FOODS

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Meal 1	Pork Meatballs in Tomato and Herb Sauce <i>with</i> Penne Pasta, Broccoli & Green Beans	Beef Lasagne <i>with</i> Garlic Bread, Peas and Carrots	Sliced Turkey in Gravy <i>with</i> Roast Potatoes, Cauliflower & Sweetcorn	Lemon and Herb Chicken with rice <i>with</i> Mixed Vegetables & Carrots	Cheesy Pesto Pasta <i>with</i> Peas
Hot Meal 2	Mac & Cheese <i>with</i> Broccoli & Green Beans	Vegetable Lasagne <i>with</i> Garlic Bread, Peas & Carrots	Penne Pasta in Tomato and Basil Sauce <i>with</i> Cauliflower & Sweetcorn	Bean Chilli <i>with</i> Wholegrain rice, Mixed Vegetables & Carrots	Potato, Cheese and Leek Bake <i>with</i> Potato Wedges, Peas
Hot Meal 3	Breaded Cod <i>with</i> Oven Chips, Broccoli & Green Beans	Chunky Chicken Goujon <i>with</i> Sautee Potatoes, Peas & Carrots	Beef Bolognaise <i>with</i> Penne Pasta, Cauliflower & Sweetcorn	Sausages <i>with</i> Mashed Potato, Mixed Vegetables & Carrots	Jumbo Fish Fingers <i>with</i> Potato Wedges, Peas & Baked Beans
Hot Dessert	Bakewell Tart	Whole Fresh Fruit	Puff Top Apple Pie	Whole Fresh Fruit	Clotted Cream Ice Cream



Week 3

Lunch Menu

apetito

WILTSHIRE
EST. FARM 1991
FOODS

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Meal 1	Chicken Pasta with Tomato and Herbs <i>with</i> Veg Medley & Sweetcorn	Steak Pie <i>with</i> Mashed Potato, Peas & Carrots	Chicken Katsu Curry <i>with</i> White Rice, Cauliflower & Sweetcorn	Roast Beef in Gravy <i>with</i> Roast Potatoes, Broccoli and Mixed Veg	Chicken Breasts in Tomato and Basil sauce <i>with</i> Rigatoni Pasta and Peas
Hot Meal 2	Mac & Cheese <i>with</i> Veg Medley & Sweetcorn	Vegetarian Cottage Pie <i>with</i> Mashed Potato, Peas & Carrots	Chickpea Curry <i>with</i> White Rice, Cauliflower & Sweetcorn	Vegetable Quiche <i>with</i> Roast Potatoes, Broccoli & Mixed Veg	Omelettes <i>with</i> Potato Wedges, Baked Beans & Peas
Hot Meal 3	Breaded Cod <i>with</i> Oven Chips, Veg Medley & Sweetcorn	Chunky Chicken Goujon <i>with</i> Sautee Potatoes, Peas & Carrots	Beef Bolognese <i>with</i> Penne Pasta, Cauliflower & Sweetcorn	Sausages <i>with</i> Mashed Potato, Broccoli & Mixed Veg	Jumbo Fish Fingers <i>with</i> Potato Wedges, Baked Beans & Peas
Hot Dessert	Somerset Apple Cake	Whole Fresh Fruit	Summer Fruit Sponge	Whole Fresh Fruit	Raspberry Ripple Ice Cream