



Lunch Menu

apetito

WILTSHIRE
EST. FARM 1991
FOODS

Monday

Tuesday

Wednesday

Thursday

Friday

**Hot Meal
1**

Chilli Con Carne
with
White Rice, Peas and
Sweetcorn

Salmon & Broccoli Bake
with
Oven Chips, Green
Beans and Carrots

Chicken Breast in
Tomato and Basil
with
White Rice, Broccoli and
Mixed Vegetables

Chicken & Vegetable
Casserole
with
Mashed Potato, Carrots
and Sweetcorn

Roast Beef in Gravy
with
Roast Potatoes, and
Peas

**Hot Meal
2**

Vegetarian Cottage Pie
with
Mashed Potato, Peas
and Sweetcorn

Omelettes
with
Oven Chips, Green
Beans and Carrots

Lentil Bolognaise
with
Penne Pasta, Broccoli
and Mixed Vegetables

Tomato and Basil
Penne Pasta
with
Carrots and Sweetcorn

Macaroni Cheese
with
Peas and Baked Beans

**Hot Meal
3**

Jacket Potato
with
Baked Beans

Chicken Goujons
with
Croquette Potatoes,
Green Bean and Carrots

Beef Bolognaise
with
Penne Pasta, Broccoli
and Mixed Vegetables

Sausages
with
Mashed Potato, Carrots
and Sweetcorn

Breaded Haddock
with
Oven Chips, Peas and
Baked Beans

Hot Dessert

Chocolate Brownie

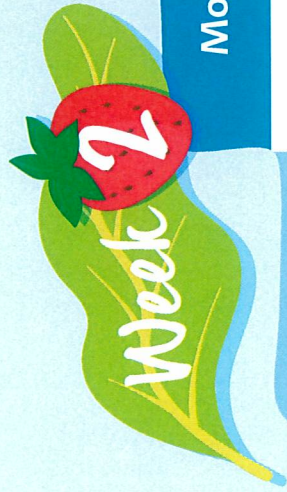
Clotted Cream Rice
Pudding

Summer Fruit Crumble

Pineapple Sponge

Strawberries in Clotted
Cream Icecream





Lunch Menu



WILTSHIRE
EST. FARM 1991
FOODS



Monday

Tuesday

Wednesday

Thursday

Friday

Hot Meal
1

Sweet & Sour Chicken
with
Vegetable Rice, Broccoli
and Vegetable Medley

Shepherds Pie
with
Mashed Potato, Peas
and Carrots

Roast Chicken Breasts
in Gravy
with
Roast Potatoes,
Sweetcorn and Mixed
Vegetables

Beef Lasagne
with
Oven Chips, Green
Beans and Carrots

Pasta Carbonara
with
Peas

Hot Meal
2

Cauliflower, Spinach &
Lentil Curry
with
Vegetable Rice, Broccoli
and Vegetable Medley

Bean Chilli
with
White Rice, Peas and
Carrots

Thai Red Curry
with
White Rice, Sweetcorn
and Mixed Vegetables

Moroccan Bean
Casserole
with
Wholegrain Rice, Green
Beans and Carrots

Tortellini in Tomato and
Basil Sauce
with
Peas

Hot Meal
3

Jacket Potato
with
Baked Beans

Chicken Goujons
with
Croquette Potatoes,
Peas and Carrots

Beef Bolognaise
with
Penne Pasta, Sweetcorn
and Mixed Vegetables

Sausages
with
Mashed Potato, Green
Beans and Carrots

Breaded Cod
with
Oven Chips, Peas and
Baked Beans

Hot Dessert

Bakewell Tart

Lemon and Orange
Sponge

Apple Crumble

Apple Sponge

Clotted Cream Icecream



Lunch Menu

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Meal 1	Cottage Pie with Mashed Potato, Sweetcorn and Green Beans	Tuna Pasta Bake with Broccoli and Carrot Tips	Chicken and Sweetcorn Bake with Roast Potatoes, Vegetable Medley and Sweetcorn	Thai Green Chicken Curry with White Rice, Cauliflower & Sweetcorn	Premium Roast Beef with Roast Potatoes and Peas
Hot Meal 2	Lentil Bolognaise with Penne Pasta, Sweetcorn and Green Beans	Vegetarian Tikka Masala with Wholegrain rice, Broccoli and Carrot Tips	Veggie and Lentil Pie with Roast Potatoes, Vegetable Medley and Sweetcorn	Sweet Potato Hotpot with Saute Potatoes, Cauliflower and Sweetcorn	Omelettes with Oven Chips & Baked Beans
Hot Meal 3	Jacket Potato with Baked Beans	Chicken Goujons with Croquette Potatoes, Carrot Tips and Broccoli	Beef Bolognaise with Penne Pasta, Vegetable Medley and Sweetcorn	Sausages with Mashed Potato, Carrot Tips and Cauliflower	Breaded Cod with Oven Chips, Peas and Baked Beans
Hot Dessert	Chocolate Sponge	Summer Fruit Sponge	Apricot Crumble	Somerset Apple Cake	Raspberry Ripple Ice Cream



Lunch Menu

Week 4

apetito

WILTSHIRE
EST. FARM 1891
FOODS

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Meal
1

Chicken Curry
with
White Rice, Peas and
Sweetcorn

Steak Pie
with
Cheddar Mash,
Cauliflower and Green
Beans

Sliced Roast Chicken
with
Roast Potatoes, Mixed
Vegetables and Broccoli

Potato Topped Chicken
Pie
with
Mashed Potato,
Sweetcorn and Carrot
Tips

Breaded Chicken Fillets
with
Oven chips, Beans and
Peas

Hot Meal
2

Plant Based Shepherds
Pie
with
Colcannon Mash, Peas
and Sweetcorn

Tortellini in Tomato
and Basil Sauce
with
Cauliflower and Green
Beans

Baked Vegetable Pie
with
Roast Potatoes, Mixed
Vegetables and Broccoli

Cauliflower Curry
with
White Rice, Sweetcorn
and Carrot Tips

Vegetable Lasagne
with
Oven Chips, Peas

Hot Meal
3

Jacket Potato
with
Baked Beans

Chicken Goujons
with
Croquette Potatoes,
Cauliflower and Beans

Beef Bolognaise
with
Penne Pasta, Mixed
Vegetables and Broccoli

Sausages
with
Mashed Potato,
Sweetcorn and Carrots

Breaded Cod
with
Oven Chips, Peas and
Baked Beans

Hot Dessert

Sticky Toffee Pudding

Apple Crumble

Lemon Flavour Sponge

Summer Fruit Sponge

Clotted Cream Ice
Cream



Government of
JERSEY