

Staying Safe with My Personal Information

Early Years Online Safety Home Learning

Autumn Term 1



Hello families,

We have been learning about personal information and trusted adults. We are helping children understand that some information belongs to them and should only be shared with trusted grown-ups who help to keep us safe.



What we are learning



To recognise some personal information.



To know which adults help keep us safe.



To understand that trusted adults can help us make safe choices.



Home Learning Task

Work together to help your child understand what information is personal and who we can trust.

1 Talk together

What is personal information?
What does it mean?



2 Sort together

Look at the pictures below. Are they personal information or not personal information?



3 Choose trusted adults

Who helps to keep you safe? Draw or stick pictures of the people you can trust.



4 Practise together

Remember:

STOP
THINK
ASK

a trusted adult!



Cut out or point to the pictures and sort them into the hoops above.



My name



My address



My birthday



My town



Favourite food



Favourite toy



Favourite colour



My hobbies



Talk Together

- What is personal information?
- Who are the adults that help you at home or school?
- Who can you tell if something worries you online?
- Why is it important to ask a grown-up before sharing information?



Key Message

Some information **belongs to you.**
Always ask a trusted grown-up before sharing it.



Parent/Carer Tip

Talk regularly with your child about what they do online. Encourage them to ask you if they are ever unsure about sharing information or seeing something that upsets them.



Share with school

Please upload a photo of your child completing this activity to Tapestry.



Play Extension

Play a "Trusted Adult" game. Take turns to act out different people who help us and talk about how they help.



Safeguarding is everyone's responsibility.
If you have any safeguarding concerns, please talk to a member of our team.

Further support and information

- NSPCC
- UK Safer Internet Centre



For more advice and guidance, please visit our Online Safety page on the Trinity School website.

