



Passwords Keep Us Safe

Year 1 Online Safety – Privacy and Security

Spring Term 2

I can explain how passwords are used to protect information, accounts and devices.

My password is like a key to my stuff!

It helps keep my information safe!



Hello families,

This half term, we are learning about passwords and how they help to keep our devices, accounts and personal information safe.

We will be thinking about when we might need a password, what makes a good password and how we can all stay safe online.



Key Learning



I understand how passwords and PINs keep devices and information secure.



I recognise some examples of strong and poor password practice.



Questions to ask

- What is a password?
- When might a password be really important?
- Are there things you do online that you don't need a password for?
- What makes a good password?
- What makes a bad password?

1 What is a password?

A password is a secret set of letters, numbers or words that helps to keep something safe. It is a bit like a key to a door – you need the right key to get in.



2 When do we need a password?

We might need a password for lots of different things online. Here are some examples:



Logging in to a computer or tablet



Buying something online



Playing an online game



Listening to music



Watching a film or a show



Using a school system (e.g. Mathletics, Education City)

3 Good or bad passwords?

A good password is usually long and can be easy to remember. It doesn't need to have tricky numbers or symbols.



Good examples

dontcallmeup

shewasabigball

lookbluedogput

andshewasit



Not so good examples

123456

password

chelsea

12345678

unicorn

KatyPerry

Passw0rd123

liverpool

4 Top tips for a strong password

- ✓ Use a few words – the longer the better.
- ✓ Make it something you can remember.
- ✓ Don't use your name, birthday or common words like 'password'.
- ✓ Don't share your password with other people (except a trusted adult).
- ✓ You can write it down and keep it in a safe place if that helps.



5 Things we can do if we feel worried

Sometimes we might see something online that makes us feel sad, uncomfortable, worried or frightened.



Stop – take a breath.



Talk to a trusted adult.



Tell a grown-up at home or at school.



They can help you and make it better.

6 Key Message

Passwords keep our devices, accounts and information safe.

We can all help to stay safe online by using strong passwords and asking a trusted adult if we need help.



Be Safe | Be Kind | Be Aware

Further support and information

- NSPCC
- UK Safer Internet Centre
- Childnet



For more advice and guidance, visit our Online Safety page on the Trinity School website.

