



Lunch Menu



WILTSHIRE
EST. FARM 1891
FOODS

Week 1				Monday	Tuesday	Wednesday	Thursday	Friday
Hot Meal 1	Hot Meal 2	Hot Meal 3	Hot Dessert	Chilli Con Carne <i>with</i> White Rice, Peas and Sweetcorn	Salmon & Broccoli Bake <i>with</i> Oven Chips, Green Beans and Carrots	Orange & Ginger Chicken <i>with</i> Vegetable Rice, Broccoli and Mixed Vegetables	Chicken & Vegetable Casserole <i>with</i> Mashed Potato, Carrots and Sweetcorn	Roast Beef in Gravy <i>with</i> Roast Potatoes, and Peas
				Vegetarian Cottage Pie <i>with</i> Mashed Potato, Peas and Sweetcorn	Chickpea Bake <i>with</i> Oven Chips, Green Beans and Carrots	Omelettes <i>with</i> Saute Potatoes, Broccoli and Mixed Vegetables	Tomato and Basil Penne Pasta <i>with</i> Carrots and Sweetcorn	Macaroni Cheese <i>with</i> Peas and Baked Beans
				Jacket Potato <i>with</i> Baked Beans	Chicken Goujons <i>with</i> Croquette Potatoes, Green Bean and Carrots	Beef Bolognaise <i>with</i> Penne Pasta, Broccoli and Mixed Vegetables	Sausages <i>with</i> Mashed Potato, Carrots and Sweetcorn	Breaded Haddock <i>with</i> Oven Chips, Peas and Baked Beans
				Chocolate Brownie	Stewed Apples	Summer Fruit Crumble	Pineapple Sponge	Strawberries in Clotted Cream Icecream



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Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Meal 1	Sweet & Sour Chicken <i>with</i> Vegetable Rice, Broccoli and Vegetable Medley	Shepherds Pie <i>with</i> Mashed Potato, Peas and Carrots	Roast Chicken Breasts in Gravy <i>with</i> Roast Potatoes, Sweetcorn and Mixed Vegetables	Pasta Carbonara <i>with</i> Green Beans and Carrots	Beef Lasagne <i>with</i> Oven Chip and Peas
Hot Meal 2	Cauliflower, Spinach & Lentil Curry <i>with</i> Vegetable Rice, Broccoli and Vegetable Medley	Veggie Crumble <i>with</i> Oven Chips, Peas and Carrots	Katsu Curry <i>with</i> White Rice, Sweetcorn and Mixed Vegetables	Moroccan Bean Casserole <i>with</i> Wholegrain Rice, Green Beans and Carrots	Cheesy Veggie Bake <i>with</i> Oven Chips, Peas and Baked Beans
Hot Meal 3	Jacket Potato <i>with</i> Baked Beans	Chicken Goujons <i>with</i> Croquette Potatoes, Peas and Carrots	Beef Bolognaise <i>with</i> Penne Pasta, Sweetcorn and Mixed Vegetables	Sausages <i>with</i> Mashed Potato, Green Beans and Carrots	Breaded Cod <i>with</i> Oven Chips, Peas and Baked Beans
Hot Dessert	Bakewell Tart	Lemon and Orange Sponge	Apple Crumble	Apple Sponge	Clotted Cream Icecream



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Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Meal 1	Cottage Pie <i>with</i> Mashed Potato, Sweetcorn and Green Beans	Tuna Pasta Bake <i>with</i> Broccoli and Carrot Tips	Lamb Curry <i>with</i> Basmati Yellow Rice, Vegetable Medley and Sweetcorn	Thai Green Chicken Curry <i>with</i> White Rice, Sweetcorn and Cauliflower	Premium Roast Beef <i>with</i> Roast Potatoes and Peas
Hot Meal 2	Lentil Bolognaise <i>with</i> Penne Pasta, Sweetcorn and Green Beans	Vegetarian Tikka Masala <i>with</i> Wholegrain rice, Broccoli and Carrot Tips	Veggie and Lentil Pie <i>with</i> Roast Potatoes, Vegetable Medley and Sweetcorn	Sweet Potato Hotpot <i>with</i> Saute Potatoes, Carrot Tips and Cauliflower	Chicken Style Pie <i>with</i> Oven Chips, Peas and Baked Beans
Hot Meal 3	Jacket Potato <i>with</i> Baked Beans	Chicken Goujons <i>with</i> Croquette Potatoes, Carrot Tips and Broccoli	Beef Bolognaise <i>with</i> Penne Pasta, Vegetable Medley and Sweetcorn	Sausages <i>with</i> Mashed Potato, Carrot Tips and Cauliflower	Breaded Cod <i>with</i> Oven Chips, Peas and Baked Beans
Hot Dessert	Chocolate Sponge	Rhubarb and Ginger Sponge	Apricot Crumble	Somerset Apple Cake	Raspberry Ripple Ice Cream